

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Diocese of Lafayette FNS

Lunch Menu Meatless Friday

Help us celebrate National
School Lunch Week
October 9-13th

Tell your cafeteria staff
Thank You ☺

Happy Halloween!



High School Lunch
includes the addition of
Fresh Assorted Fruit, daily.

For more information,
please visit our website:
www.fns-dol.org

2

Chili Mac
Vegetable Medley
Candied Yams
Wheat Roll
Fresh Banana

3

Pepperoni Calzone
Marina Cup
Whole Kernel Corn
Garden Salad
Frozen Strawberry Cup

4

Salisbury Steak w/
Gravy
Mashed Red Potatoes
Steamed Broccoli
w/Cheese
Wheat Roll
Chilled Applesauce Cup

5

BBQ Baked Chicken
Macaroni & Cheese
Green Bean Casserole
Black-eyed Peas
Wheat Roll
Chilled Sliced Peaches

6

Cheesy Fish Sandwich
French Fries
Fresh Baby Carrots w/
Ranch
Chilled Diced Pears

9

Nacho Supreme
Salsa Cup
Bush's Taco Fiesta
Black Beans
Chopped Lettuce &
Tomato Cup
Boxed Raisins

10

Red Beans & Sausage
Steamed Rice
Steamed Broccoli
w/Cheese
Buttered Sweet Peas
Cornbread
Chilled Fruit Cup

11

Pig N Blanket
French Fries
Buttered Peas & Carrots
Chilled Sliced Peaches

12

Pork & Sausage
Jambalaya
Buttered Parsleyed
Carrots
Seasoned Green Beans
Wheat Roll
Frozen Strawberry Cup

13

Fish Sticks
Macaroni & Cheese
Fresh Baby Carrots w/
Ranch
Tossed Salad
Fresh Banana

16

Bowl of Chili
Vegetable Medley
Garden Salad
Cornbread
Chilled Applesauce Cup

17

Country Fried Steak
w/Gravy
Mashed Red Potatoes
Whole Kernel Corn
Wheat Roll
Fresh Orange

18

BBQ Pork Patty
Rice Dressing
Popeye Salad
Candied Yams
Wheat Roll
Chilled Diced Pears

19

Chicken Alfredo
Fresh Baby Carrots
w/Ranch
Green Bean Casserole
Wheat Roll
Chilled Fruit Cup

20

Bean & Cheese Burrito
Salsa Cup
Bush's Texas Ranchero
Beans
Chopped Lettuce &
Tomato Cup
Chilled Sliced Peaches
Chocolate Pudding
topped w/chocolate chips

23

Walking Tacos
Salsa Cup
Whole Kernel Corn
Chopped Lettuce &
Tomato Cup
Frozen Fruit Treat

24

Salisbury Steak, Rice &
Gravy
Spring Salad
Sweet Potato Crunch
Wheat Roll
Fresh Apple

25

Corn Dog
Potato Rounds
Steamed Broccoli
w/Cheese
Buttered Sweet Peas
Sautéed Apples

26

Chicken & Sausage
Pastalaya
Buttered Peas & Carrots
Navy Beans
Wheat Roll
Chilled Diced Pears

27

Cheese Crunchers
Marinara Cup
Garden Salad
Fresh Banana
Chewy Chocolate
Brownie

30

Baked Rotini
Buttered Parsleyed
Carrots
Popeye Salad
Garlic French Bread
Pizza
Chilled Fruit Cup

31

Breaded Chicken Strips
& Dutch Waffles
w/Maple Syrup
Steamed Broccoli
w/Cheese
Whole Kernel Corn
Frozen Strawberry Cup
Halloween Cookie